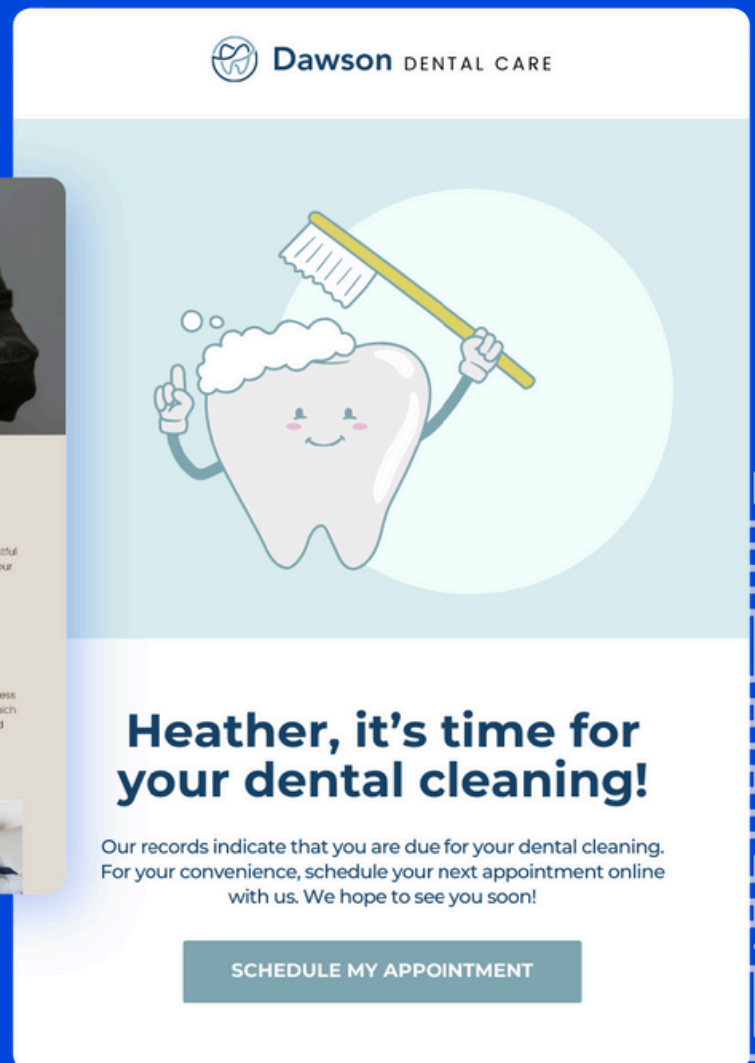
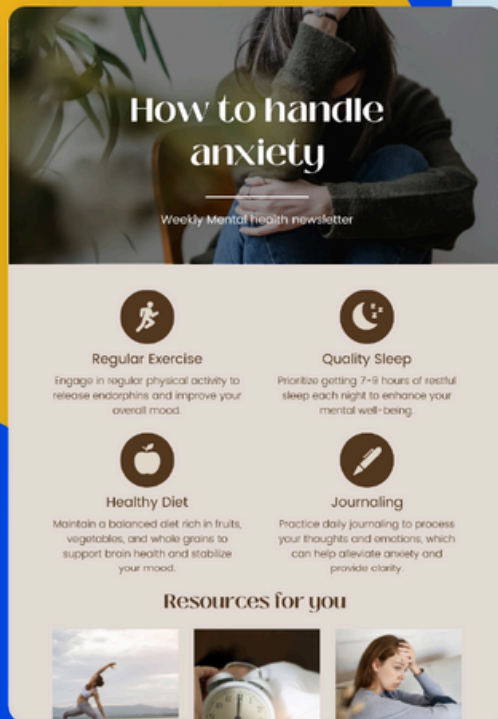


# 12 healthcare email examples to incorporate in your marketing plan

We showcase 12 impactful email examples that you can incorporate into your marketing strategy.





**SJ PEDIATRICS**

**Hello Johnathan!**

We are delighted to welcome you and your family to SJ Pediatrics.

Please complete your patient registration online before your appointment.

[Begin registration](#)

## OASIS COUNSELING

# Welcome

We're glad you're here. You've just taken the first step in your mental wellness journey. Let's schedule your first session by clicking the link below.

[SCHEDULE SESSION](#)

## MEET OUR TEAM



**Maura Williams**  
LCSW

Maura specializes in individual and couples counseling. She works with Couples Therapy to address relationship concerns and develop relationship-building skills.



**Jessica Campwell**  
LMFT

Jessica specializes working with individuals, families, and children in the community mental health field. She is trained in Trauma-Focused CBT, Individual CBT, Managing and Adaptive Models, and Interpersonal Psychotherapy.



**Amira Ahmad**  
LPC, CADCI

Amira specializes working with individuals who struggle with Addiction and chemical dependency. She is a Licensed Professional Counselor and Certified Alcohol and Drug Counselor as well.

# Appointment confirmation

## Wellness Therapy

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**Hello Sarah,**

This is a reminder about your upcoming appointment on

**Thursday, August 8  
at 12:00pm**

If you need to cancel, reschedule we require a minimum of 48 hours notice for canceling or rescheduling any session.

**We look forward to seeing you soon!**  
Wellness Therapy



Facebook | Instagram

## How to handle anxiety

Weekly Mental health newsletter



### Regular Exercise

Engage in regular physical activity to release endorphins and improve your overall mood.



### Quality Sleep

Prioritize getting 7-9 hours of restful sleep each night to enhance your mental well-being.



### Healthy Diet

Maintain a balanced diet rich in fruits, vegetables, and whole grains to support brain health and stabilize your mood.



### Journaling

Practice daily journaling to process your thoughts and emotions, which can help alleviate anxiety and provide clarity.

## Resources for you

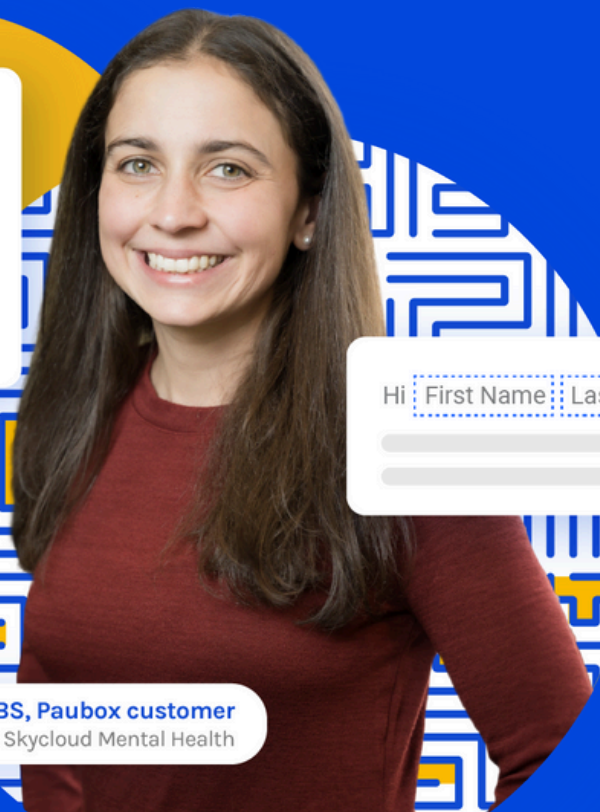
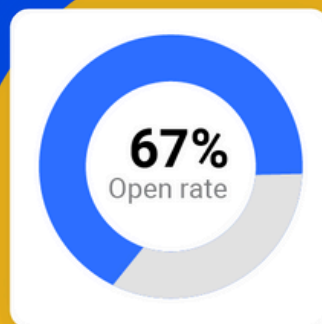


PAUBOX EMAIL MARKETING

# Personalized email marketing, without sacrificing HIPAA compliance

- Keep patients engaged with personalized outreach
- HIPAA compliant
- Free templates and design help

Start for free



Hi  First Name  Last Name ,

MADELINE JACOBS, Paubox customer  
Skyccloud Mental Health





## The top 5 common reasons for back pain

About 39% of Americans suffer from some sort of back pain. The pain itself can hinder your ability to reach, lean, kneel, lift or bend. It can also hinder your time spent with friends and family. Read on to find out the top 5 common reasons for back pain and how ways to cure it.

[Read more](#)



## Whooping cough is on the rise, Here's how to protect your family.

Whooping cough cases are increasing, making it crucial to take preventive measures. Read more about essential tips for safeguarding your loved ones, including vaccination schedules, recognizing symptoms early, and effective hygiene practices.

[Learn more](#)



### A nutrition guide for kids

What are nutrient-dense foods? Protein, fruits, vegetables, grains and dairy are all essential nutrients for a child's growth. When children eat foods that contain salt, added sugar and saturated fat, they lack nutrients....

[Read more](#)



# Subscription confirmation



The Foundation for Children's Health



## Thanks for subscribing

Thanks for subscribing to The Foundation of Children's Health newsletter.

This newsletter is published quarterly and includes informative articles, health tips, and stories focused on children's health.

[Read the archives](#)



### Fun ways to incorporate active play

Focus on fun rather than performance, and let your child help plan activities. You can make up games that involve different types of movement, play music, or invent silly walks and runs...

[Read more](#)



## Heather, it's time for your dental cleaning!

Our records indicate that you are due for your dental cleaning. For your convenience, schedule your next appointment online with us. We hope to see you soon!

[SCHEDULE MY APPOINTMENT](#)

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NEW YOU***

***LIMITED TIME OFFER!***

**Get 50% off any membership plan  
when you sign up for any of our plans  
during the month of January.**

**SIGN UP NOW**

SPRING SPA PACKAGE SPECIALS

## *SPRING SPA PACKAGES AVAILABLE NOW*

Offer valid from April 1 - June 29th



### *The Matcha Facial*

Matcha is loaded with antioxidants, particularly catechins, which help fight free radicals. These powerful compounds contribute to skin protection, preventing premature aging and reducing the appearance of wrinkles and fine lines.

Matcha contains methylxanthines which boost blood circulation, promoting healthy, cleansed and even skin. It deeply nourishes the skin and fights signs of ageing as well as acne and breakouts. This and the long list of matcha green tea benefits make it the new trailblazer for clear, radiant and youthful skin.

*New spring specials:*

SPRING MATCHA FACIAL  
\$110

50 MIN SPRING MASSAGE  
\$120

90 MIN SPRING MASSAGE  
\$165

SPRING NAIL SPECIAL  
\$75



## Tell us how we can better serve you.

Darren,

At Maya Health, we strive to provide our patients with word-class care and service.

**If you have 5 minutes to spare, please share your thoughts on your recent visit with us in this short survey.** All information is confidential and your answers will help us improve our practice.

[BEGIN SURVEY](#)



## OASIS COUNSELING



**Paula,**

**Your feedback is important to us at Oasis Counseling. We want our clients to feel safe, welcomed, and comfortable during every session.**

To make sure we are accountable to upholding this service, we'd like to know how we're doing and what we can do better.

If you have 5 minutes to spare, please share your thoughts with us in this short survey. **All information is confidential and your answers will help us improve our practice.**

**BEGIN SURVEY**

PAUBOX EMAIL MARKETING

# Send effective, personalized email marketing with Paubox Marketing



**ROBIN MCKINNEY, Paubox customer**  
North Mississippi Health Services

“Paubox checked all of our boxes as far as feeling confident about keeping people’s information secure and the ease of using it.”

Robin McKinney  
Digital Marketing Strategist,  
North Mississippi Health Services

[Start for free](#)